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## The Home Apothecary Cold Spring Apothecarys Cookbook Of Hand Crafted Remedies Recipes For The Hair Skin Body And Home

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Hair, Skin, Body, and Home by Stacey Dugliss-Wesselman (ISBN: 0080665009242) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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The Home Apothecary: Cold Spring Apothecary's Cookbook of ...

The Home Apothecary: Cold Spring Apothecary's Cookbook of Hand-Crafted Remedies & Recipes for the Hair, Skin, Body, and Home. With the resurgence of small-batch, locally crafted boutiques and brands that mimic heritage brand ideals, today's consumers are looking for a product with an emphasis on locally sourced production and ingredients. They are already stocking their pantries and fridges with natural, whole foods and relying on real ingredients for better health.

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The Home Apothecary: Cold Spring Apothecary's Cookbook of ...

Stacey Dugliss-Wesselman launched Cold Spring Apothecary, a line of health, beauty, and home products that adhere to sustainable practices for people and the planet. At Cold Spring Apothecary, everything is made in small batches in Cold Spring, New York, by Stacey herself.

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The Home Apothecary: Cold Spring Apothecary's Cookbook of Hand-Crafted Remedies & Recipes for the Hair, Skin, Body, and Home by Stacey Dugliss-Wesselman. An apothecary is a skilled craftsperson who compounds herbal mixtures that enhance health and beauty. Put aside the modern world of tricky marketing and harmful chemicals and create your own apothecary solutions.

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The Home Apothecary – Catland

Cold Spring Apothecary products are crafted in small batches in our manufacturing lab. With a strong commitment to luxury, only the highest quality ingredients go into products. That means no drying sulfates, harsh parabens, or harmful fragrances. We believe our products should be both mindful and luxurious without compromise.

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Home Goods – Cold Spring Apothecary

Stacey Dugliss-Wesselman launched Cold Spring Apothecary (<http://www.coldspringapothecary.com>), a line of health, beauty, and home products that adhere to sustainable practices for people and the planet. At Cold Spring Apothecary, everything is made in small batches in Cold Spring, New York, by Stacey herself.

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The Home Apothecary: Cold Spring Apothecary's Cookbook of ...

Retail Store & Wellness House Cold Spring Apothecary is a Hudson Valley-based health and beauty company. Founded in 2010 as a modern-day apothecary, our products are medicinally focused and remedy-based. CSA products are thoughtfully created and fueled by the healing power of botanicals and herbs.

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Cold Spring Apothecary | Hair Care, Skin Care, Body Care ...

COLD SPRING APOTHECARY. Founded in 2010 as a Hudson Valley based health and beauty company, our products are thoughtfully created and fueled by the healing power of botanicals and herbs. At Cold Spring Apothecary we seek balance between functionality and indulgence throughout our entire product line. Cold

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Spring Apothecary products are crafted in small batches in our manufacturing lab.

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## About Us - Cold Spring Apothecary

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The Home Apothecary Cold Spring Apothecary's Cookbook of Hand-Crafted Remedies & Recipes for the Hair, Skin, Body, and Home. Stacey Dugliss-Wesselman (author), Cold Spring Apothecary. Paperback (15 Jul 2013)

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## The Home Apothecary : Stacey Dugliss-Wesselman (author ...

Cold Spring Apothecary - 75 Main St, Cold Spring, NY 10516 - Rated 5 based on 15 Reviews "Had a 90 minute deluxe facial. Was the best facial I have ever..."

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## Cold Spring Apothecary - Home | Facebook

At Cold Spring Apothecary, everything is made in small batches in Cold Spring, New York, by Stacey herself. And instead of harmful synthetic chemicals, organic ingredients are the cornerstone of each product. Stacey was the recipient of a Daily Candy Start Small, Go Big entrepreneur award in 2011. ...

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With the resurgence of small-batch, locally crafted boutiques and brands that mimic heritage brand

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ideals, today's consumers are looking for a product with an emphasis on locally sourced production and ingredients. They are already stocking their pantries and fridges with natural, whole foods and relying on real ingredients for better health. The Home Apothecary offers fresh ideas for caring for the body on the outside, too. It features a bounty of recipes: more than 75 original, natural, and absolutely chemical-free body care products from face masks to bug repellent to soothing lotions. Cold Spring Apothecary's nationally recognized green-luxury beauty and home goods formulas will be taught in such a way that readers will soon be experimenting on their own.

Herbal Remedies Made Simple is a unique guide to natural healing items you can make yourself, with each herbal remedy showcased in a full-color, split-page design. Natural alternatives to traditional medicines are everywhere, even right outside your door! Herbal Remedies Made Simple is an easy and fun way to learn about the many different healing herbs that grow all around us but we seldom see. The best part: once you're familiar with the natural healing herbs around you, Herbal Remedies Made Simple provides you with instructions on creating your own DIY herbal remedies at home. This unique guide book splits its pages in half. The top halves of the pages detail different remedies and recipes for health, personal care, and home care. The bottom pages provide reference material on the herbs used in the project above; detailing the plant's healing properties and how best to work with that herb. Some of the healing recipes within: Lavender cleanser Rose water toner Chamomile facial exfoliant Comfrey joint and bruise salve Nerve tonic tincture Teas for headaches, stress, sleep, and colds Joint and muscle soak Fully photographed and illustrated, this is the perfect guide for the beginning herbal practitioner.

A step-by-step guidebook that shows you how to make your own skin creams, hair products, and perfume blends using essential oils and other natural ingredients. Many of today's beauty products contain chemicals and other additives that most of us have never heard of--and probably would avoid if we knew how harmful they really were. With 200 Tips, Techniques, and Recipes for Natural Beauty, you'll learn all that you need to know to make your own safe and healthy beauty products, with recipes and formulas such as: Lemon Verbena Cleansing Milk Exquisite Bulgarian Rose Hair Powder Peppermint Cocoa Lip Balm Herbal Rosemary & Mint Shampoo Brilliant Blueberry & Manuka Honey Face Scrub Skin-Soothing Bath Tea Peppermint and Tea Tree Leave-In Conditioner Create delightful body butters, salves, balms, glosses, scrubs and more using all-natural, holistic ingredients like herbs, flowers, tea, baking soda, and coconut oil. Discover conditioning carrier oils, sumptuous butters, and aromatic floral extracts that will nourish you from head to toe. Some of the recipes can also be used for overall health, including curative herbal extracts and therapeutically effective essential oils. With step-by-step photographs, clear instructions, and expert tips, each recipe is easy to follow. Give the products you create as gifts or

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keep them for yourself. Regardless, you'll never want to buy beauty products from the drug store again!

A pocket guide to harnessing the power of lemons to use as a natural remedy, beauty aid and household resource. From face masks and hand creams to cleaning products and cold-and-flu remedies, the scent and flavour of lemon have long been used by manufacturers of home and beauty products to imbue their products with the zesty freshness which this citrus fruit is associated worldwide, and it's little wonder why... Packed with vitamin C, an aid to digestion and linked to sparkling eyes and skin, this humble little fruit is packed with goodness that, with a little know-how, can easily be harnessed to allow you to bypass the chemicals and produce your own all-natural products for home, health and beauty. With our increasing awareness of reducing exposure to chemicals and the importance of keeping things natural, as well as the ever-growing realization of the environmental impact of disposable plastic packaging, there has never been a better time to go back to basics, embrace all-natural ingredients and regain control of what we are putting in and on our bodies. The Natural Apothecary: Lemons opens by exploring the benefits of lemons and looks at how to grow your own at home. The following pages are broken into sections on home, health and beauty, containing over 40 simple recipes for all-natural, home-made products that allow you to utilize the vitality of lemons with ease; make a bruise balm infused with lemon zest, a fragrant hand lotion for soft and youthful skin, or a chemical-free cleaning solution guaranteed to leave your home sparkling.

"A brilliant addition to any library." –Rosemary Gladstar, herbalist and bestselling author More and more people are exploring the healing possibilities of plant-based medicines, and health shops across the country now stock their shelves with natural remedies, but treatments can easily be made at home. The Herbal Apothecary profiles 100 of the most important medicinal plants with striking photographs and step-by-step instructions for making herbal teas, tinctures, compresses, and salves to treat everything from muscle strain to the common cold or anxiety. This holistic guide also includes advice for the home gardener on growing and foraging for medicinal plants. Incorporating traditional wisdom and scientific information, The Herbal Apothecary provides an accessible and comprehensive introduction to plant-based medicine. With the guidance of naturopath JJ Pursell, herb enthusiasts can learn how to safely create their own remedies using plants they know and love.

JJ Pursell, the bestselling author of The Herbal Apothecary, is back with a complete, one-stop resource for herbal remedies that heal and nurture the whole family. Master Recipes from the Herbal Apothecary offers safe, trusted natural remedies written by a board certified naturopathic physician. It starts with master recipes for tinctures, salves, teas, capsules, oils washes, and more. Once you understand

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how to make these basic formulations, you can access the more than 375 specific recipes that address a range of health concerns from the common cold and headaches to insomnia and digestive issues. Comprehensive, thoroughly researched, and beautifully packaged, Master Recipes from the Herbal Apothecary you be your guide for a more natural path toward sustained health and wellness.

The Garden Apothecary shows us how to harvest and use commonly found plants, weeds and herbs to create our own healing home apothecaries. With tasty recipes, wild skincare, in-depth plant spotlights and a back-to-roots ethos, The Garden Apothecary will encourage the reader to become more connected to the natural world through learning the art of herbalism from plants growing in our gardens. Each plant spotlight includes in depth information on how to use it in a multitude of recipes and remedies. Focusing on 20 herbs and plants, learn how to identify, grow and pick them from your garden or forage them, as well as discovering their medicinal properties. The Garden Apothecary is a safe and mindful approach to the often overwhelming world of foraging and herbalism.

Herbs are quite literally everywhere; it is only our ability to recognise their value that has been lost. Vicky and Kim explore the traditional uses of herbs combined with a modern and scientific understanding of a truly holistic approach so that you can use herbs to treat ailments and improve your general wellbeing. The book contains fascinating information about herbs and with suggestions of what each herb can be used for. Did you know that daisies infused in oil can be used to reduce bruises? That roses can help grieving and anxiety? Or that elderflower cordial can bring down a temperature? There is also an introduction to each of the body's systems (nervous, respiratory etc.) and which herbs are best for treatments. And of course, the book is peppered with vinegars, balms, oils, tinctures, creams, lotions and syrups to create your own little herbal health kit. Vicky and Kim also encourage people to reconnect with their local environment in addition to growing herbs in their gardens or windowsills. An all-encompassing guide for the beginner, The Handmade Apothecary is filled with guidance, useful tips and tried-and-tested recipes that will inspire people to make their own remedies.

The Witch's Herbal Apothecary is a magickal book of recipes, rituals, and materia medica for reconnecting with the power and healing of Earth Magick. Author Marysia Miernowska is the Director of one of California's most renowned herbal schools and named one of the "top 15 witches on Instagram" (@marysia\_miernowska) by Huffington Post. Mother Earth is a living entity that holds great medicine to heal us physically and spiritually. However, in today's modern world, too many of us are separated from this source of nourishment. With the wheel of the year as a framework, you'll begin to understand the currents of nature and how to weave yourself back into this great web of life. Using the plants,

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seasons, and cycles as your tools, you will be able to tap into the potent Earth Magick of life, death, renewal, and rebirth. In harmony with the seasons, You will learn how to: Grow medicine Harvest from the wild or home garden Process plants Make remedies Each season opens a portal of magick that allows you to harvest the literal and spiritual gifts the Earth is offering at that time. The Witch's Herbal Apothecary will awaken the Witch inherent in every wild soul and guide her into an empowered relationship of healing and magick with the natural world.

It's 1952 and the Scott family has just moved from Los Angeles to London. Here, fourteen-year-old Janie meets a mysterious apothecary and his son, Benjamin Burrows - a fascinating boy who's not afraid to stand up to authority and dreams of becoming a spy. When Benjamin's father is kidnapped, Janie and Benjamin must uncover the secrets of the apothecary's sacred book, the Pharmacopoeia, in order to find him, all while keeping it out of the hands of their enemies - Russian spies in possession of nuclear weapons. Discovering and testing potions they never believed could exist, Janie and Benjamin embark on a dangerous race to save the apothecary and prevent impending disaster. Together with Ian Schoenherr's breathtaking illustrations, this is a truly stunning package from cover to cover.

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