

## The Creative Connection Expressive Arts As Healing

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Natalie Rogers is a pioneer in expressive arts therapy, leading trainings in Europe, Russia, Latin America, Japan, and the US. Dr Rogers trained and practised as a psychotherapist. Natalie founded and has recently retired from the Person-Centered Expressive Therapy Institute, Santa Rosa, CA.

**The Creative Connection: Expressive Arts as Healing ...**

Buy The Creative Connection: Expressive Arts As Healing by Rogers, Natalie (1997) Paperback by (ISBN: 0884777468641) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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Dr. Natalie Rogers has developed a process called the Creative Connection RM that interweaves all the expressive arts -- movement, sound, drawing, painting, writing, and guided imagery -- to tap into the deep wellspring of creativity within each of us.

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**The Creative Connection: Expressive Arts As Healing ...**

Our approach is based mainly on Natalie Rogers' person centred expressive arts model, which she named the Creative Connection. I am intrigued by what I call the creative connection, the enhancing interplay among movement, art, writing, and sound (Natalie Rogers).

**Home | Counselling CPD | Endmoor | Creative Connections ...**

The Person-Centered Expressive Arts Institute offers a two-year PCEAT Certificate training program in collaboration with Meridian University. This experiential training is unique because it combines the person-centered theory, practice and philosophy of Carl Rogers with the expressive arts: Movement, Sound, Visual Art, Writing, and Drama.

**Home - Person Centered Expressive Arts**

The expressive arts--including movement, art, writing, sound, music, meditation, and imagery--lead us into the unconscious. This often allows us to express previously unknown facets of ourselves, thus bringing to light new information and awareness. Art modes interrelate in what I call the creative connection.

**Natalie Rogers Article Expressive Arts Therapy**

Dr. Natalie Rogers has developed a process called the Creative Connection® that interweaves all the expressive arts -- movement, sound, drawing, painting, writing, and guided imagery -- to tap into the deep wellspring of creativity within each of us.

**Science and Behavior Books | Title - The Creative Connection**

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The dynamic nature of the expressive arts can engage, motivate and encourage learners to develop their creative, artistic and performance skills to the full. The Expressive Arts Area of Learning and Experience (Area) spans five disciplines: art, dance, drama, film and digital media and music. Although each discipline has its own discrete body of knowledge and body of skills, it is recognised ...

**Expressive Arts: Introduction - Hwb**

The Creative Connection for Groups, Person-Centered Expressive Arts for Healing and Social Change. The Creative Connection (a DVD of Natalie Rogers and Frances Fuchs demonstrating the creative connection process during a residential training, 1987) An Interview with Natalie Rogers.

**Natalie Rogers Publications**

Creative Connection: Expressive Arts as Healing by Natalie Rogers at AbeBooks.co.uk - ISBN 10: 1898059330 - ISBN 13: 9781898059332 - PCCS Books - 2000 - Hardcover

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The Creative Connection is a practical, spirited book, lavishly illustrated with colour plates of artwork and action photographs. First published in the USA in 1993 by Science and Behavior Books, we are proud to be publishing this ground-breaking book in the UK. It describes the Creative Connection® process developed by Natalie Rogers, which interweaves movement, sound, art, writing and guided imagery, tapping into the deep wellspring of creativity within each of us. Natalie says, "Vital to the creative process is an environment of psychological safety and freedom". This reflects her deep belief in the philosophy of her father, Carl Rogers, which emphasises empathy, openness, honesty and congruence.

The field of expressive arts is closely tied to the work of therapeutic change. As well as being beneficial for the individual or small group, expressive arts therapy has the potential for a much wider impact, to inspire social action and bring about social change. The book's contributors explore the transformative power of the arts therapies in areas stricken by conflict, political unrest, poverty or natural disaster and discuss how and why expressive arts works. They look at the ways it can be used to engage community consciousness and improve social conditions whilst taking into account the issues that arise within different contexts and populations. Leading expressive arts therapy practitioners give inspiring accounts of their work, from using poetry as a tool in trauma intervention with Iraqi survivors of war and torture, to setting up storytelling workshops to aid the integration of Ethiopian Jewish immigrants in Israel. Offering visionary perspectives on the role of the arts in inspiring change at the community or social level, this is essential reading for students and practitioners of creative and expressive arts therapies, as well as psychotherapists, counsellors, artists and others working to effect social change.

Foundations of Expressive Arts Therapy provides an arts-based approach to the theory and practice of expressive arts therapy. The book explores the various expressive arts therapy modalities both individually and in relationship to each other. The contributors emphasize the importance of the imagination and of aesthetic experience, arguing that these are central to psychological well-being, and challenging accepted views which place primary emphasis on the cognitive and emotional dimensions of mental health and development. Part One explores the theory which informs the practice of expressive arts therapy. Part Two relates this theory to the therapeutic application of the expressive arts (including music, art, movement, drama, poetry and voicework) in different contexts, ranging from play therapy with children to trauma work with Bosnian refugees and second-generation Holocaust survivors. Comprehensive in its coverage of the most fundamental aspects of expressive arts therapy, this book is a significant contribution to the field and a useful reference for all practitioners.

Creative Arts Therapy Careers is a collection of essays written by and interviews with registered drama therapists, dance/movement therapists, music therapists, art therapists, poetry therapists, and expressive arts therapists. The book sheds light on the fascinating yet little-known field of the creative arts therapies - psychotherapy approaches which allow clients to use creativity and artistic expression to explore their lives, solve their problems, make meaning, and heal from their traumas. Featuring stories of educators in each of the six fields and at different stages of their career, it outlines the steps one needs to take in order to find training in one of the creative arts therapies and explores the healing aspects of the arts, where creative arts therapists work, who they work with, and how they use the arts in therapy. Contributors to this book provide a wealth of practical information, including ways to find opportunities to work with at-risk populations in order to gain experience with the arts as healing tools; choosing the right graduate school for further study; the difference between registration, certification, and licensure; and the differences between a career in a medical, mental health, educational, correctional, or service institution. This book illuminates creative arts therapy career possibilities for undergraduate and graduate students studying acting, directing, playwrighting, creative writing, visual arts, theatre design, dance, and music. It is also an excellent resource for instructors offering a course to prepare arts students of all kinds for the professional world.

How can social workers integrate expressive arts methods as a complement to their work to better support individual, group, and community growth? Expressive Arts for Social Work and Social Change explores the values and benefits of expressive arts (i.e., visual arts, movement and dance, expressive forms of writing and narrative, music, and performance) and the role they can play in social work practice and inquiry. Although previous research has illustrated the efficacy of expressive arts to individual therapeutic goals, this is the first work that looks at the use of these approaches to fulfill the values, ethics, and principles of the social work profession. The authors draw from current and emerging concepts related to green social work, including individual and collective well-being, indigenous perspectives and practices, social justice and social action, and individual as well as collective creative expression. This book provides insight and advice that will benefit all human service professionals interested in expressive arts.

"Once in a while a book comes along that is both unique and invaluable.... By reading and studying this work, practitioners can enrich the lives of their clients and their own effectiveness. [It] translates theory into practice and transforms mainstream counseling approaches into extremely useful devices for modifying the way clients and counselors function in therapy." Samuel T. Gladding, PhD Department of Counseling, Wake Forest University (From the Foreword) While traditional "talk" therapies remain at the foundation of counseling, the use of expressive and creative arts in conjunction with these methods can often deepen the healing process as well as expedite diagnosis, treatment and prevention. Integrating the Expressive Arts into Counseling Practice is designed to provide readers with an understanding of the ways in which expressive arts counseling techniques can be productively integrated into the leading counseling modalities. Accessible to students and practitioners alike, it presents field-tested expressive arts interventions within the context of the most commonly taught theoretical orientations, including Cognitive-Behavioral Therapy, Solution-Focused Brief Therapy, Gestalt Theory, Adlerian Theory, Choice Theory, Existential Theory, Feminist Theory, Person-Centered Theory, Narrative Therapy, and Integrative Theory. These chapters include the work of over 40 contributors, including expert practitioners and faculty, who offer detailed descriptions of their own successful expressive arts interventions. Key Features Presents over 50 expressive art interventions in an essay, step-by-step format Describes interventions within a framework of 10 commonly used treatment modalities Explains the connection between theory and intervention Includes art, writing, drama, music, movement, dance, puppetry, and sandplay activities. Discusses appropriate populations, settings, and diagnoses with which to use each intervention

This ground-breaking book explores the theoretical, clinical and training application of integrating mindfulness with all of the arts therapies, and includes cutting-edge contributions from neuroscience. Written by pioneers and leaders in the arts therapies and psychology fields, the book includes 6 sections that examine mindfulness and the arts therapies from different perspectives: 1) the history and roots of mindfulness in relation to spirituality, psychotherapy and the arts therapies; 2) the role of the expressive arts in cultivating mindful awareness; 3) innovative approaches that add mindfulness to the arts therapies; 4) arts therapies approaches that are inherently mindfulness-based; 5) mindfulness in the training and education of arts therapists; and 6) the neuroscience underlying mindfulness and the arts therapies. Contributors describe their pioneering work with diverse applications: people with cancer, trauma, chronic pain, substance abuse, severe mental illness, clients in private practice, adolescents at camp, training dance and art therapists, and more. This rich resource will inspire and rejuvenate all clinicians and educators.

This book lays the foundation for a fresh interpretation of art-making and the therapeutic process by re-examining the concept of poiesis. The authors clarify the methodology and theory of practice with a focus on intermodal therapy, crystallization theory and polyaesthetics, and give guidance on the didactics of acquiring practical skills.

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