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He is also the co-author of Psychology Applied to Modern Life (Wadsworth, 2006) and the creator of an educational CD-ROM titled PsykTrek: A Multimedia Introduction to Psychology. Margaret A. Lloyd received her B.A. from the University of Denver and her M.A. and Ph.D. in psychology from the University of Arizona.

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Music is so ubiquitous that it can be easy to overlook the powerful influence it exerts in so many areas of our lives - from birth, through childhood, to old age. The Social and Applied Psychology of Music is the successor to the bestselling and influential The Social Psychology of Music. It considers the value of music in everyday life, answering some of the perennial questions about music. The book begins with a scene-setting chapter that describes the academic background to the book, before looking at composition and musicianship. It then goes on to look at musical preference. What aspects of music are crucial in determining whether or not you will like it? In chapter 4 the authors consider whether rap and rock are bad for young people, highlighting some of the major moral scandals that have rocked pop music, and asking whether these have become more extreme over time. The following chapter looks at music as a commercial product. How does the structure of the music industry influence CD purchasing, and how does music affect customers in retail and leisure settings like shops and restaurants? The book closes with an examination of music education. How does musical ability develop in children, and how does this relate to more general theories of how intellectual skills develop? Do musical skills develop independently of other abilities? Exceptionally broad in scope, and written in a highly accessible style by the leading researchers in this field, The Social and Applied Psychology of Music will be required reading for anyone seeking an understanding of the role music plays in our lives.

The text can be bundled with a "Personal Explorations Workbook" containing exercises, questionnaires, and personality tests designed to help students better understand themselves and their attitudes about a variety of subjects. Among the topics covered are: "What Are Your Study Habits Like?," "How Do You Relate to Friends?," "How Do You Feel About Gender Roles?," and "What Do You Know About The Career That Interests You?"

By John Pulver of Community College of Southern Nevada. This guide, available free when packaged with the text, includes experiential exercises, questionnaires, and personality tests that allow students to better understand themselves and their attitudes toward a variety of subjects. This edition includes nearly twice as many exercises and resources for students!

Clinical psychology makes a significant contribution to mental health care across the world. The essence of the discipline is the creative application of the knowledge base of psychology to the unique, personal experiences of individuals who are facing difficulties or changes in their lives. Rather than addressing such experiences as primarily a medical, political or legal problem, clinical psychologists approach personal distress as an unhappy outcome of certain ways of thinking, behaving and relating, often occurring within difficult social, cultural or economic circumstances. Clinical psychologists work with people to try and help them change what is distressing or concerning them, based on a belief in the value of the individual to determine what happens to them and on the importance of using approaches which have been demonstrated through research to be effective. In this Very Short Introduction Susan Llewellyn and Katie Aafjes-van Doorn provide insights into the world of clinical psychologists and their clients or patients, and cover the range of domains of practice, the difficulties tackled, and the approaches and models used. They consider the challenges and controversies facing the profession today, and also how it varies across the globe. Finally, they discuss the key questions surrounding clinical psychology, such as whether it should compete or collaborate with psychiatry, how far it is yet another instrument of social control, what new technology can offer in the future, and whether clinical psychology can ever really be considered a science. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

This text gives a general introduction to the subject but in a waythat demonstrates its applicability to their work and to everydaylife, whilst remaining academically grounded. It demonstrates howpsychology can make a practical difference in the ' realworld '. Topics covered include emotions, motivation, sociallife and the lifespan. Basic, up-to-date introduction to psychological concepts Practical exercises and techniques Scene setting examples from real life