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The young mother had behaved erratically for months, hitchhiking and wandering naked through two Native American reservations and a small town clustered along Northern California's ...

Omaha World-Herald: Live Well

Emmilee Risling, a 33-year-old college graduate and an accomplished traditional dancer with ancestry from three area tribes, was last seen more than four months ago walking across a bridge near ...

The missing Native women crisis on the California coast

A picture of missing woman Emmilee Risling sits on a table at the Risling family home in January, in McKinleyville, Calif. The

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33-year-old college graduate — an accomplished traditional dancer with ...

Young mom among string of missing Native women in California

She helped coach her son's T-ball team and signed him up for swim lessons. But over time ... decline and think she developed a mental illness — possibly postpartum psychosis — compounded by drugs and ...

Tribe grapples with missing women crisis on California coast

Salma Hussain, 36, is one of 12 women who have attended the Sunday lessons which have transformed ... At first, she had to stop every ten minutes. Four months later, she can complete full laps ...

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British Triathlon create sisterhood of new athletes while striving to increase participation

Goebel was among the first men to complete four spins before landing ... one about a Soviet track star who made a habit of never looking at his medals. The lesson: stay hungry.) And he set out to ...

Voice Lessons

Salma Hussain, 36, is one of 12 women who have attended the Sunday lessons which have transformed ... At first, she had to stop every 10 minutes. Four months later, she can complete full laps ...

How British Triathlon is creating a sisterhood of new athletes in Leeds

James and Jennifer Crumbley are charged with involuntary

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manslaughter after November's school shooting outside of Detroit that left four students dead and seven people injured. Prosecutors allege ...

Jennifer Crumbley messaged 'my son ruined so many lives today' to a friend on Facebook after the Michigan school shooting

After days of refusing to count chickens - a lesson learned from the Unai Emery ... that the 24-year-old has joined from Lyon on a four-and-a-half-year deal. He will wear the number 39, the ...

Bruno Guimaraes' role in Newcastle United's midfield and who makes way

Salma Hussain, 36, is one of 12 women who have attended the Sunday lessons which have transformed ... At first, she had to stop

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every ten minutes. Four months later, she can complete full laps ...

This book summarizes Ismael Apud's ethnographic research in the field of ayahuasca, conducted in Latin America and Catalonia over a period of 10 years. To analyze the variety of ayahuasca spiritual practices and beliefs, the author combines different approaches, including medical anthropology, cognitive science of religion, history of science, and religious studies. Ismael Apud is a psychologist and anthropologist from Uruguay, with a PhD in Anthropology at Universitat Rovira i Virgili.

This book covers the psychedelic ayahuasca tourism in Peru, with its facet-rich psychological, pharmacological, anthropological, and

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sociological aspects. The reader gets an interdisciplinary insight into the historical development and the current state of ayahuasca research. Findings from three empirical studies are presented, which the author has won in a 4-year field research: How do common standards develop in this particular form of psycho-spiritual tourism? Why are people from developed nations and urban centres heading to the Amazon to ingest the psychedelic beverage Ayahuasca? How do they experience such ceremonies and retreats? Which insights, personal meaning and effects do they gain and how do they integrate their experiences into the everyday life?

This handbook reviews promising applications of psychedelics in treatment of such challenging psychiatric problems as posttraumatic stress disorder, major depression, substance use disorders, and end-

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of-life anxiety. Experts from multiple disciplines synthesize current knowledge on psilocybin, MDMA, ketamine, and other medical hallucinogens. The volume comprehensively examines these substances' neurobiological mechanisms, clinical effects, therapeutic potential, risks, and anthropological and historical contexts. Coverage ranges from basic science to practical clinical considerations, including patient screening and selection, dosages and routes of administration, how psychedelic-assisted sessions are structured and conducted, and management of adverse reactions.

The Ketamine Papers opens the door to a broad understanding of this medicine's growing use in psychiatry and its decades of history providing transformative personal experiences. Now gaining increasing recognition as a promising approach to the treatment of

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depression, posttraumatic stress disorder (PTSD), and other psychological conditions, ketamine therapies offer new hope for patients and clinicians alike. With multiple routes of administration and practices ranging from anesthesia to psychotherapy, ketamine medicine is a diverse and rapidly growing field. The *Ketamine Papers* clarifies the issues and is an inspiring introduction to this powerful tool for healing and transformation--from its early use in the 1960s to its emerging role in the treatment of depression, suicidality, and other conditions. This comprehensive volume is the ideal introduction for patients and clinicians alike, and for anyone interested in the therapeutic and transformative healing power of this revolutionary medicine.

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"Karl Jansen's book *Ketamine, Dreams, and Realities* is a goldmine of information on this fascinating substance that combines in a unique way the properties of an anesthetic and a psychedelic. It is clearly written, well researched and documented, and presents a balanced and objective view point. The author's broad perspective that covers all the aspects of Ketamine from pharmacology to its use in raves makes this book interesting for clinicians and researchers, as well as the general public."- Stan Grof, M.D., author of *Psychology of the Future: Lessons From Modern Consciousness Research; LSD Psychotherapy* "Indispensable reading for those with any interest in ketamine. Entertaining, thought-provoking, and thorough." - Rick Strassman, M.D., author of *DMT: The Spirit Molecule: A Doctor's Revolutionary Research into the Biology of*

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Near-Death and Mystical Experiences "It is an excellent book... a well done comprehensive review of the entire history of ketamine."
- Evgeny Krupitsky, M.D., Ph.D. Pioneer researcher into the use of ketamine-assisted psychotherapy in the treatment of alcoholism and heroin addiction.

The 2nd Edition of Introduction to the Practice of Psychoanalytic Psychotherapy, the highly successful practice-oriented handbook designed to demystify psychoanalytic psychotherapy, is updated and revised to reflect the latest developments in the field. Updated edition of an extremely successful textbook in its field, featuring numerous updates to reflect the latest research and evidence base Demystifies the processes underpinning psychoanalytic psychotherapy, particularly the development of the analytic attitude

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guided by principles of clinical technique Provides step-by-step guidance in key areas such as how to conduct assessments, how to formulate cases in psychodynamic terms and how to approach endings The author is a leader in the field – she is General Editor of the New Library of Psychoanalysis book series and a former editor of Psychoanalytic Psychotherapy

Presumably people who were involved in it discuss the philosophy behind the exhibition Shamans--The Secret World of Siberia's Peoples, on display at the Vapriiki Museum Centre in Tampere, Finland, between May 1998 and January 1999. It was the most extensive display so far of the shamanic collections of

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Kunstkamera, Museum of Anthropology and Ethnography, founded in the 1720s by Peter the Great. In addition to exploring aspects of Siberian shamanhood, the 19 essays also show links to similar traditions elsewhere in the world. There are a few monochrome illustrations. No index is provided. Distributed in the US by ISBS. Annotation copyrighted by Book News, Inc., Portland, OR.

Storming Heaven is a riveting history of LSD and its influence on American culture. Jay Stevens uses the "curious molecule" known as LSD as a kind of tracer bullet, illuminating one of postwar America's most improbable shadow-histories. His prodigiously researched narrative moves from Aldous Huxley's earnest attempts to "open the doors of perception" to Timothy Leary's surreal experiments at Millbrook; from the CIA's purchase of millions of

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doses to the thousands of flower children who turned on and burned out in Haight-Ashbury. Along the way, this brilliant, novelistic work of cultural history unites such figures as Allen Ginsberg, Cary Grant, G. Gordon Liddy, and Charles Manson. Storming Heaven irrefutably demonstrates LSD's pivotal role in the countercultural upheavals that shook America in the 1960s and changed the country forever.

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